



# Origin of Human Nature : A Zen Buddhist Looks at Evolution

Albert Low



Offers an original and fertile way to integrate spiritual and scientific views of human evolution. It offers a new and refreshing alternative to the way we think about our origins: random mutation (mechanistic neo-Darwinism), Genesis (God did it all personally), and Intelligent Design (God personally does what we cant otherwise account for). The result is an invigorating perspective on how our best qualities -- our capacity for love, our appreciation of beauty, our altruistic capability, our creativity and intelligence -- have come into being and evolved. How we think about our origin matters: if we think we are machines living among other machines, we will act accordingly. By showing evolution as a creative and intelligent process with its own inherent logic, THE ORIGIN OF HUMAN NATURE resolves the dilemma of how to have, at the same time, both truth and ethics. Instead of starting in an imagined remote and uncertain past and moving to the present, this book starts at the certain and immediate present and works back. That consciousness, creativity, and intelligence exist is certain. The question is: how can these have evolved? Dr Albert Low has made a study of human nature throughout his life. To write this book he draws on his prolonged meditations on creativity and the human condition, his years of providing psychological and spiritual counseling, and a wide-ranging knowledge of Western psychology, philosophy, and science.

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